INSIDE

Getting the kinks out See Page 1B

News

YOU CAN USE

ORI countdown: 125 days

With the arrival of the Air Force Materiel Command Inspector General team just 125 days away, Operational Readiness Inspection preparation should be well underway. Here's Robins' approach to ensure an outstanding ORI. Use these as a guideline for planning and executing your preparation.

Four steps for ORI suc-

- 1. Know standards communicate to all: Start with ORI criteria listed in AFMCI 90-202 and functional regulations. Know these to understand expectations and performance standards.
- 2. Train right people to right standard: Examine the people you have available for the inspection and select the right folks for the right positions and then train them to excel.
- 3. Graciously and positively host IG: The IG is not the bad guy. They are here to see what we can do. Have a positive, professional attitude in all IG interactions and they will certainly be impressed. Most importantly, don't forget value of first impressions.
- 4. Demonstrate our abilities: If the first three steps are fully accomplished, our success in the actual ORI will follow. Continue to give 100 percent of your best effort, communicate, and work as a team.

– Lt. Col. Kevin A. Foley

16 picked for command posts

Joe G. Ballard, 778th CES, to FE Warren, 90th CES

Geoffrey S. Ellazar Jr., WR-ALC, to Little Rock, 314th CONS David C. French, WR-ALC, to Greenville, S.C., DCMA

Christopher D. Hill, 116th MOS, to Offutt, 55th MXS

Robert W. Jackson, WR-ALC, to Yokota, 374th MOS Nathan G. Lyden, WR-ALC, to Tyndall, 325th MXS

Louis P. Seliquini Jr., 78th LRS, to Luke, 56th LRS

David T. Blackwell, from McChord, 62nd SFS, to 78th

Enrique T. De La Garza, from Camp Smith, PACOM, to 116th CSS

Eric V. Faison, from Fort Leavenworth, IDE student; to 19th AMXS

Richard F. Janoso, from Maxwell, ACSC, to 52nd CBCS Kirk B. Mott, from Luke, 56th LRS, to 116th LRS

Darryl F. Neal, from Maxwell, ACSC, to 51st CBCS

Kathyleen M. Pare, from Hurlburt, AFSOC, to 778th CES

Thomas A. Schneider, from Ramstein, USAFE, to 78th LRS Brian A. Wilkey, from Pentagon, HQ USAF, to 5th **CBCSS**



Friday, January 9, 2004 Vol. 49 No. 1 Robins Air Force Base, Ga.

A place for everything



A bird's eye view of the flight line highlights two upcoming construction projects: One will provide a 40,000square-foot facility that will store all parts and equipment required to support aircraft maintenance activities, and the other project will eliminate clutter and allow greater distances between parked aircraft, providing a safer, more efficient work environment.

\$16 million plans to put new face on functional test

By Ms. Lanorris Askew lanorris.askew@robins.af.mil

Two military construction projects set to transform functional test processes here while reducing cost and flow days are on the horizon, promising a bright future for Robins.

According to Ms. Wendy Johnston, the projects, including the construction of a consolidated aircraft maintenance facility and the reconfiguration of the aircraft ramp, will provide the infrastructure needed to equip Robins with a consolidated functional test area capable of handling all aircraft.

In addition, process improvements and consolidation efforts should result in a 20 percent cost savings related to labor and transportation costs, and a 15 percent decrease in flow days for each type of cargo aircraft through the functional test process.

"The first of the two projects, the consolidated aircraft maintenance facility, will be funded in

What to know

Consolidated Functional Test Facility

Estimated Contract Award Date: May Estimated Construction Start Date: November Estimated Construction Completion Date: April 2006 Ramp Reconfiguration

Estimated Contract Award Date: January 2005 Estimated Construction Start Date: Summer 2005 Estimated Construction Completion Date: Summer 2007

fiscal 2004 via Congressional figured in two phases to ensure large enough to store all parts and tional test operations. equipment required to support aircraft maintenance activities," said Ms. Johnston. "The 40,000square-foot facility will consolidate all cargo functional test operations into a "state-of-the-art facility" designed to better meet the needs of the operations."

After funding, the projects will take approximately two years to complete allowing for a six-month design and solicitation period and a construction period of 18 months. The ramp will be recon-

Insert and will provide a facility minimal impact on existing func-

According to Mr. Todd Sappe, the existing functional test facility doesn't meet current mission requirements for personnel and storage with personnel and equipment located in facilities far away from the functional test line, having a negative impact on the productivity and effectiveness.

"The inadequacy of the current functional test facility and ramp configuration affects our testing

Please see TEST, 2A

BRAC 2005 process begins

Department of Defense News

The Department of Defense on Tuesday requested commanders of installations in the United States, territories and possessions to gather information about their installations as part of the 2005 round of Base Realignment and Closure, or BRAC.

The department will use BRAC to eliminate unnecessary infrastructure and to increase military capability and effective-

All installations will participate in these calls.

While none of the questions or data associated with the questions will be released to the public prior to the department's recommendations being forwarded to the independent Defense Base Closure and Realignment Commission, which will be named by March 2005.

All questions and data will be publicly available once the Commission receives

This data call is only one of many steps in the BRAC process. There will be additional data calls as necessary.

Formal data calls are one of the ways the department satisfies its statutory obligations to treat all military installations equally and to make its closure and realignment recommendations based solely upon certified data.

In a related action, the department published Draft Selection Criteria in the Dec. 23, 2003, Federal Register for public comment. The department will use the criteria as part of its evaluation process.

Comments are due not later than January 28, 2004.

The department's list of base closure and realignment recommendations will be submitted to the independent BRAC Commission no later than May 16, 2005, as required by the legislation.

What to know

General information on the DoD's BRAC process is available online http://www.dod.mil/brac/.

Sergeant selected for AF Flight Attendant Program

By Ms. Holly J. Logan holly.logan@robins.af.mil

It's not every day you get to cook dinner for Vice President Dick Cheney and his wife, but that's what Staff Sgt. Melissa Magyari will soon be doing - and at 30,000 feet, no less.

The 19th Air Refueling Group command section information manager was one of 10 active duty military members recently selected for the Air Force Flight Attendant program - in existence since the Air Force's beginning.

The 25-year-old Starke, Fla., native, who joined the Air Force in 1998, said the four-year assignment would allow her to fulfill her dream of seeing the world.

"My only reason for joining the Air Force was to travel," she said. "I just want to see the places I'd never see otherwise. This will give me the opportunity to see places overseas

What to know

For more information on the Air Force Flight Attendant Program, contact the 78th Military Personnel Flight at 327-7362.

without moving there."

Mr. Ronald Magyari said he is proud of his daughter's accomplish-

"I'm very happy for her," he said. "I was in the Air Force for 22 years, and I didn't quite get the jobs I wanted. I'm excited that Melissa is."

Sergeant Magyari, who was accepted in the program Nov. 25, will attend training at Andrews Air Force Base, Md., Randolph Air Force Base, Texas, Fairchild Air Force Base, Wash. and flight attendant school in the Atlanta area to learn the fine art of cooking

Please see FLIGHT, 2A



U.S. Air Force photo by Ms. Sue Sapp

Staff Sgt. Melissa Magyari is one of 10 active duty military members selected for the Air Force Flight Attendant program. She will be greeting and serving meals to the vice president and his wife, governors, congressmen and other distinguished visitors aboard C-32 and C-40 aircraft.

Robins 3-day

forecast Courtesy of 78th OSS/OSW

Today Cloudy with isolated showers

47/36

Saturday Cloudy and cold

50/29

Sunday Mostly to partly cloudy

What's inside Robins wins Air Force-level pollution prevention award 2A Russian exchange student teaches host family as she learns 3A TV show gives woman second chance 5A FitLinxx keeps Robins on task at Fitness Center 6B

2A Friday, January 9, 2004

Robins wins AF-level pollution prevention award

By Ms. Holly J. Logan holly.logan@robins.af.mil

Robins' employees have worked together to make the base more environmentally friendly - and the hard work has paid off, according to Mr. Shawn Politino, environmental quality division chief.

Robins will be honored as the Air Force-level recipient of the 2003 Gen. Thomas D. White Pollution Prevention Industrial Category Award in a ceremony at the Pentagon May 5.

Mr. Politino called the award that recognizes excellence in environmental protection measures a team effort.

"It always makes you excited when you're recognized for something you've spent years working toward," he said. "We're really proud of all of our base employees, school children and visitors for helping us improve the environment over the years. It feels good to see a reward for all of our efforts."

Environmental Management initially won the same category award at the Air Force Materiel Command level, and is currently competing for Secretary of Defense Environmental Award for Pollution Prevention in the industrial category, an award often presented the same day by the Secretary of Defense and Secretary of the Air Force.

Ms. Linda Larson, solid waste and toxics program manager, said all have played a role in Robins' suc-

"This is truly a Team Robins effort," she said. "All have contributed (to this award). From the flight line to the base housing recycling program, this is a welldeserved, base-wide

Mr. Steve Coyle, Environmental Management Directorate director, said Lean initiatives at Robins have paved the way for pollution prevention success.

award."

"A great resource for identifying pol-

lution prevention opportunities comes from basewide Lean events, and the Lean events themselves What to know

These are a few of the initiatives that led to Robins 2003 Air Force-level win of the Gen. Thomas D. White Pollution Prevention, Industrial Category Award:

Improving pollution prevention throughout base operations, from flight line maintenance to solid waste disposal in family housing.

Implementation of alternative depaint processes, such as Flashjet, resulted in an additional two-year reduction of 43 percent in methylene chlo-

Implementation of powder coating in Hydrostat Shop eliminates solvent emissions for this process.

First sustainable construction of "Green Building" in design phase at Robins is ahead of U.S. Air Force goals.

often result in waste reduction," he said. "Pollution prevention benefits the base as well as the surrounding

communities with reductions in air emissions, resulting in an overall cleaner environment."

TEST

Continued from 1A

capacity and directly affects the aircraft flow day schedule, causing aircraft delivery delays," said the chief of Process Improvement Branch for the Aircraft Division. "Improving the functional test process will eliminate a bottleneck in aircraft maintenance operations, resulting in improved throughput, reduced work-in-process, and improved on-time delivery."

According to the chief of engineering and infrastructure planning, the ramp reconfiguration project will be funded in fiscal 2005 via Transformation military con-

aboard the C-32 and C-40 aircraft.

men and other distinguished visitors.

to cook in that environment.'

nary etiquette.

same as cooking on a stove in a regular

Along with trotting the globe, Magyari will

also be greeting and serving meals to the vice

"Cooking on a plane obviously isn't the

kitchen," she said. "There's a lot less space to

work with. The training helps you learn how

As a flight attendant, Sergeant Magyari

said her face will be the first image of hospi-

tality the travelers see - and her estimated six-

"If the vice president prefers certain foods,

week training will teach her the proper culi-

we give him a menu to select from, and we

shop and cook according to that," she said.

president and his wife, governors, congress-

FLIGHT

Continued from 1A

struction funding.

"We had so many aircraft that we didn't have enough room," said Mr. Sappe. "We decided that if we reconfigured the ramp, we could put in one continuous blast fence which would give us major flexibility. Reconfiguring the ramp allows more space per aircraft and more room for work stands and ground support equipment without a crowded cluttered condition."

The ramp expansion will reduce inefficiencies and safety risks associated with current operations and further enhance the flexibility of the functional test area. Also, fuel hydrants, which will be installed using separate funding, will provide efficient fuel servicing.

Eliminating clutter and allowing greater distances between parked aircraft will also cut down on damage to equipment and aircraft frames, providing a safer, more efficient work environ-

"Additionally, the project will allow us to optimize recent and on-going Lean and process improvements to the functional test process," said Mr. Sappe. "Since this project will allow different aircraft to use all functional test spots rather than having dedicated locations, the method by which we schedule and process aircraft into the functional test area will be trans-

While she will make a permanent change of station to Andrews Air Force Base for the assignment, she said beginning in early spring, she won't be spending much time at her home location.

"Long work hours are a given with this job," she said. "With next year being a presidential (election) year, I've been told not to expect to be home much at all."

However, Sergeant Mayari said, once the plane lands, her job is done and she can enjoy some rest and relaxation often in the five-star hotels many stay on the trips.

Col. Raymond J. Rottman, 19th ARG commander, said he recommended Magyari for the program because of her strong character and work ethic.

According to Tech. Sgt. Shannon Hughes, a three-year flight attendant with the 1st Airlift Squadron at Andrews, there are currently 200 active duty and 25 Air National Guard flight attendants serving in the Air Force.

"I just want to see the places I'd never see otherwise. This will give me the opportunity to see places overseas without moving there."

Staff Sgt. Melissa Magyari Air Force Flight Attendant program selectee

AFMC improves deployment process

WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFPN) - Air Force Materiel Command officials fielded a tool in the summer designed to help people keep better track of their deployment information and they said it is already mak-

ing a difference. The Deployment Qualification System is a Webbased tool providing units with capabilities they have never had before, such as timely and accurate information integration across functional areas, e-mail notifications for expiring training and daily summaries for unit deployment managers.

The system gives individuals access to their current deployment-readiness status, including prerequisites like self-aid and buddy care, chemical-warfare training and weapons qualifications, said Maj. Jeff Stephan, DQS program manager.

Unit deployment managers are happy to receive expiration reminders for their law of armed conflict training or self-aid buddycare training, he said.

"The self-service approach automates administrative steps in our processes and has proven effective in industry," he

"I love it," said Staff Sgt. Ron Dunn, a UDM for the 78th Security Forces Squadron at Robins Air Force Base, Ga., while gearing up for a deployment. "This saves me so much

The Deployment Qualification System is a Web-

What to know

based tool that provides units and individuals with: ■Timely and accurate information integration across functional areas

■ E-mail notifications for expiring training

■ Daily summaries for unit deployment managers

■ Access to current deployment-readiness sta-

time." He said he was thrilled that people could update their own records, and all he had to do was approve the changes.

DQS now has more than 10,000 registered users, including several managers, deployment training providers and installation deployment officers providing constructive feedback on how to increase the tool's usefulness, Major Stephan said.

"We've made a deliberate effort, listening to our users since day one," he said. "We were able to incorporate their feedback during the summer and that approach is paying off. The course roster e-mail sent to system has tremendous built-in capabilities, and as istration closes out, and new we activate them, we're striking positive chords with UDMs and training providers."

Many users were pleased when medical-status flags appeared in DQS, Major Stephan said.

Medics share an enterprise view and perspective, and it makes sense to reuse data, said Lt. Col. Steve Toney of the Air Force Medical Support Agency.

The flags do not convey medical information per se, but compliance with instructions, he said.

Specifically, they convey whether a person is ready or not ready with regard to immunizations, dental, laboratory, equipment and health record-review status.

Before there was DOS. deployment managers and commanders had to rely on spreadsheets e-mailed or mailed to units to see where their people stood statuswise.

Units now have direct access to the information as part of their integrated view of individual readiness sta-

This medical-data feed is expected to help keep UDMs and commanders involved in supporting their troops to complete their medical requirements.

Other improvements, based directly on user feedback, included reminders emailed to course enrollees before scheduled courses, a training providers when reg-UDM and commander reports.

The reports put total numbers in perspective by summarizing individual readiness by air and space expeditionary force windows and priority.

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academy 59131705 hienergy 59150702 nichols 59151201 Rev-Up Friday, January 9, 2004 3A

A cultural exchange

Russian exchange student teaches host family as she learns

By Ms. Holly J. Logan holly.logan@robins.af.mil

Raising a teenager can be challenging enough. But raising a teenager from another country can be an experience that's out of this world.

Mr. Brent Inman, electronics business area chief for the Maintenance Directorate, and his wife, Mrs. Debbie Inman, purchasing and supply chain management chief for the Logistics Directorate, opened their lives to such an experience when they began hosting Miss Mariya Lykova, a 16-year-old native of Kostroma, Russia, through the Future Leaders F

through the Future Leaders Exchange program, a non-profit high school foreign exchange student organization, in late July.

Mr. Inman said when he and his wife - both Air Force reservists - decided to open

Lykova

both Air Force reservists - decided to open their lives and home to a student from a world away, they wanted it to be a mutual learning experience.

"For several years, we'd talked about hosting an exchange student," he said. "I told my daughter that if we hosted an exchange student, I'd want one who we could learn as much from as she learns from us."

Mariya, who is currently attending Warner Robins High School along with the Inman's 16-year-old daughter, Katie, is providing the family with that experience and more.

"It has been interesting just talking to her, learning the differences between the cultures and understanding how things translate from one language to another," Mrs. Inman said. "I've really had to adjust my cooking. They don't eat a lot of spicy foods (in Russia). That has been a big adjustment, but we manage by putting the salt and pepper shakers out for everyone else to use."

The Inman's 19-year-old daughter, Erica, a freshman at Georgia Southern University, said hosting Mariya has taught her not to take her culture for granted.

"Getting to meet someone new and getting to know another culture has been inter-

What to know

Academic Year in the United States of America places an estimated 2,000 students from more than 60 countries world-wide, across the U.S. each year. For more information on hosting a foreign exchange student through AYUSA and Future Leaders Exchange, contact Ms. Pat Balli at 329-0307 or 1-866-241-0517.

esting," she said. "I went to Germany last summer, but then to experience the Russian culture and see how things are different has been interesting. Having Mariya here, I've been able to broaden my cultural experience a little bit."

As a host family, the Inmans are responsible for providing Mariya with a home environment, exposing her to the different holidays, traditions and language of American culture.

In addition, the Inmans are charged with making sure she takes the proper educational courses, and fulfills other requirements of the exchange program, such as performing 20 hours of community service per month and periodically taking trips that allow her to learn about the American government and all aspects of American life.

The Inmans said they've helped the exchange student better understand holiday celebrations and observances, by including her in community events here and at other bases.

"We had a cookout on Labor Day, and we went to Eglin Air Force Base, Fla. to participate in some community events," Mrs. Inman said. "We explained to her what the day meant and let her see different displays there and other things there to observe that day."

Even with three daughters of his own, Mr. Inman said parenting a Russian teenager is unlike anything he has ever known.

"It's like she's from a different planet, with all the language and cultural differences," he said. "On the other hand, she's the typical 16-year-old - liking boys, make-up and clothes."

Becoming a basketball cheerleader and soon to be a Miss Warner Robins High School Pageant contestant, the new kid on the block said she hasn't had much trouble adjusting to American culture.

"I've met a lot of interesting people," she said. "Being here has helped me improve my English, and I've been to a lot of new places. Sure, I miss my family very much. But the family I'm staying with is very nice, and so, I feel like I'm at home."

barnes 59157201

karate 59150801 union 59151001

hrblock 59159301

Commissary officials sensitive to beef concerns

By Ms. Bonnie Powell bonnie.powell@deca.mil

FORT LEE, Va. - Officials at the Defense Commissary Agency are closely monitoring the ever-changing situation involving a case of bovine spongiform encephalopathy, also known as "mad cow" disease, identified Dec. 23 in a single cow in Washington state.

Since Dec. 23 the U.S. Department of Agriculture has conducted a limited recall of 10,000 pounds of beef that may originate from the infected cow and from cows slaughtered at the same time and location.

"No beef in any of our 275 commissaries worldwide has been involved in a USDA recall," said Col. Mark Wolken, chief of public health, safety and security for DeCA. "The USDA has stated that the U.S. beef supply is safe and that the beef recall resulted from an abundance of caution, not fear that the meat is infected. Should the USDA make a determination that there is a danger, DeCA would be first to react to protect the health of our customers," he

Since the first U.S. case of BSE was identified Dec. 23, commissary customers have raised questions about the safety of beef purchased at their local commissary.

"As is always the case, customers who wish to return commissary products for a full refund may do so without question," the colonel said. "The brain, spinal cord, and

What to know

For the latest developments and for links to the USDA and other information on recalls and food safety, check the food safety link at http://www.commissaries.com.

lower intestine - where the protein or 'prion' that is believed to cause BSE is found - is not generally used in food consumed by Americans. Those parts were removed from the infected cow before any of it could enter the meet supply."

cow before any of it could enter the meat supply." USDA investigators have determined that the recalled meat went to a few commercial markets in Alaska, Hawaii, Idaho, Montana and Guam as well as Washington state, Oregon, California and Nevada.

"No commissaries received any of those shipments," he said. "But I can certainly understand customers having concerns and questions. We're all affected by this - we're all concerned."

Mad cow is a fatal disease that destroys the brains of the infected animal. It is caused in cattle by misshapen proteins called prions and is thought to be spread from animal to animal through contaminated feed. A rare form of the disease in humans known as variant Creutzfeldt-Jakob Disease has been linked to the consumption of contaminated beef products.

sunretail 59159301

letstalk 59158601 Friday, January 9, 2004 5A

Personnel center teams getting civilians hired faster

CENTER - It has been taking up to 200 days to get some vacant Air Force civilian jobs filled and senior leaders have said those long delays have to stop.

They have launched a war on bureaucratic steps.

"And even early on we're showing results," said Mr. David Davenport, chief of the human resources laboratory and reengineering division here.

That means units will be able to hire workers sooner, and that may mean more people in work areas

AIR FORCE PERSONNEL from the flightline to headquarters to get the mission done, he said.

"We have to remember who our customer is - military and civilian managers - in the field," said Mr. Ron Orr, Principal Deputy Assistant Secretary of the Air Force for Installations, Environment and Logistics. "We must look at it from their focus, getting skilled people out there faster to roll up their sleeves and help get the job done in these busy times."

Three process improvement teams reviewed, brainstormed and validated ways to reduce the total time a job request is in the system and the administrative handling time spent on each.

"The teams identified more than 40 policy, procedure or systems changes that they feel would improve the fill process toward the 'ideal to be' state," said Mr. Davenport.

"But this is a complex issue and we're only fixing the small part of the overall process that we can fix here," said Mr. Greg Den Herder, executive director of the personnel center. "Hopefully our success so far will stimulate similar efforts at every level. It must be a multi-front war."

In one week, the teams organized into work groups called "cells" and were able to reduce time spent on various parts of the job-fill process. The total time fill actions are in the hands of the personnel center was reduced by 12-14 days.

After studying the current conditions, the teams were allowed to design a model to reduce steps and then implement major changes. A third day was spent testing the new processes and by week's end, the new processes were up and running.

Three more so-called "rapid

improvement events" - covering additional processes - were conducted in early September.

Rapid Improvement Events are part of a larger "Lean" streamlining process, a government-wide Business Initiative Council program to remove waste while making programs more cost effective and efficient, officials said.

Lean is an ongoing process for continuous improvement, and the three teams will continue to refine the process as the recommended policy and systems changes are approved, officials said.

FDA issues ephedra alert

By Mr. G.W. Pomeroy Air Force Surgeon General **Public Affairs**

WASHINGTON

Following an FDA alert, Air Force Medical Service officials are once again "strongly advising" airmen to contact their physicians or health-care providers before taking dietary supplements containing ma huang, ephedra or ephedra alkaloids.

Food and Drug Administration officials have issued a consumer alert on the safety of dietary supplements containing ephedra that calls for consumers to immediately stop buying and using ephedra products.

Besides issuing an alert, FDA officials are notifying manufacturers that they intend to publish a final rule stating dietary supplements containing ephedrine alkaloids present an unreasonable risk of illness or injury.

The rule would have the effect of banning the sale of these products as soon as it becomes effective, 60 days after publication.

FDA will publish a final rule as soon as possible that will formalize its conclusions that dietary supplements containing ephedrine alkaloids present unreasonable risks to those who take them for any reason," said Mr. Tommy G. Thompson, health and human services secretary.

"[The action] puts companies on notice of our intentions, and it tells consumers that the time to stop using ephedra products is now,' Mr. Thompson said.

"We are taking action today to notify Americans about the unreasonable risk of ephedra as currently marketed in dietary supplements," said Dr. Mark B. McClellan, FDA commissioner. "Our action is based on diligent and thorough work by the agency as required by the challenging legal standard in the dietary supplement law."

Dining facility construction nears completion



U.S. Air Force photos by Ms. Sue Sapp

Soon, airmen at Robins will have a new place to get a good meal. Construction on the new Robins dining facility is expected to be completed in February. The new facility will have a seating capacity of 240, with a 300-square-foot patio for outside dining. The facility will offer two large dining rooms with skylights, seating for 105 each, and a conference room with seating for 30. The facility will offer a short order, deli and main food line. Above, Eddie Mullins does sheetrock finishing work around the skylight in one of the dining areas. Right, construction crews work hard to complete the project by the February opening date.





Mitzi, Ms. Mary Daniels' dog, is thankful for a TV show that saved her owner's ilfe.

TV program gives woman second chance

Watching TV could save your life - just ask Ms. Mary Daniels.

Ms. Daniels, an employee with Lockheed Martin, assigned to the Technical Orders Branch within the Strategic Airlift Directorate here, was watching a Discovery Channel program on heart surgery when she discovered she had the same symptoms as the patient on the show.

She went online, looked up the physician, and emailed him the next day.

She had copies of her tests and reports from her local physician forwarded to the show's doctor, and he informed her he and a colleague had reviewed them and believed they could treat

He informed her that she had anomalous coronary arteries from her pulmonary

Ms. Daniels traveled to the Vanderbilt Hospital in Nashville, Tenn., Dec. 17 to have further tests. The tests were conclusive, and she had heart surgery Dec. 19.

Ms.Daniels was released on New Year's Day.

Because of the expense of the surgery and her lack of leave, she is on short-term disability making only 60 percent of her salary.

To help relieve the monetary strain, a donation fund has been set up on her behalf at Robins Federal Credit Union.

Ms. Daniels is an employee with Lockheed Martin, assigned to the Technical Orders Branch within the Strategic Airlift Directorate.

The point of contact to make donations is Ms. Sissy Jones, Technical Order Librarian, in the Strategic Airlift Directorate. You can reach Ms. Jones at 926-6156.

- Staff reports

EMPLOYEE REPRESENTATION RIGHTS

Section 7114, Civil Service Reform Act of 1978, provides certain rights to bargaining unit employees being questioned by management during an investigation. These rights are also spelled out in Article 5, Section 5.03 of the Master Labor Agreement between AFMC and AFGE, Article 16, Section c, of the Nonappropriated Funds Labor Agreement, and Article 7, Section 4, of the Command Labor Agreement between AFMC and IAFF (firefighters).

If a supervisor is questioning an employee and the employee believes discipline may result from the interview, the employee is entitled to be represented by the union if specifically requested by the employee. The following three ingredients must all be present for this right to be exercised:

The supervisor or management official must be asking questions, The employee must have a reasonable basis to believe discipline could result,

And, the employee must request union representation.

This does not entitle employees to representation when normal day-to-day matters are being discussed or questions are not asked. A counseling session to be entered on the AF Form 971, Supervisor's Employee Brief, and the delivery of a proposed disciplinary action would be two examples of instances when the right does not arise.

If you have a question concerning representation rights under the investigatory interview circumstances, please call your servicing Employee Relations Specialist or the Labor Relations Office. Employee Relations can be reached at 63423 or 60677. Labor Relations can be reached at 67781.

Notice to AFGE Unit Employees Concerning Union Dues

Employees desiring to initiate an authorization for dues withholding may obtain an SF 1187 from any AFGE steward or official. The effective date will be the first full pay period after receipt of the SF 1187 by the Civilian Pay Section.

Employees wishing to discontinue their dues withholding may obtain SF 1188s from the Civilian Pay Section or the Labor Relations Office. Discontinuance of dues withholding will be effective

(1) For an employee who began dues withholding allotments before 11 January 1979: Beginning the first full pay period following 1 September provided the SF 1188 is received by

the Civilian Pay Section prior to 1 September. (2) For an employee who started dues withholding on or after 11 January 1979: Beginning the first full pay period following the particular anniversary date (the anniversary date is the starting date of the first pay period for which dues were deducted from the employee's pay).

According to the Labor Relations Office, the Civilian Pay Section referenced above is now the Civilian Payroll Liaison Office (WR-ALC/FMFS). Standard Forms 1188 may be obtained from the Labor Relations Office, (78 SPTG/DPCEL), or WR-ALC/FMFS. The Labor Relations Office is located in Building 255, 1st Floor. The Civilian Payroll Liaison Office is located in Building 301, East Wing, Bay F. A Standard Form 1188 may be requested either in person or by telephone by calling extension 67781 (DPCEL) or 66229 (FMFS).

mmentary

A look back on successes, ahead to challenges

By Gen. Greg Martin

Commander Air Force Materiel Command

WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFMCNS) -- In a flash, 2003 has come and gone, and with it the year's many challenges and

successes. Regardless of the situation, obstacle or challenge, our Air Force Materiel Command team came together and got the job done, keeping America's Air Force the pre-



Martin

mier power in the world. When you look at our military's ability to fight and the weapons and technology war fighters take to the battlefield, you can take pride in knowing you've made that happen.

You carried out the AFMC mission by delivering war-winning, expeditionary capabilities to the war fighter: war-winning technology; war-winning acquisition support; and war-winning sustainment.

America's overwhelming success in places like Afghanistan and Iraq came riding in on your backs. Don't ever underestimate your value to this command, the Air Force or our great nation.

We did a lot in 2003. AFMC logistics operations reduced nonmission capable hours due to supply problems by 37 percent from

September 2002 to the same time in 2003. This, in turn, reduced the Air Force fleet average total not mission capable rate for supply from 10.2 percent in fiscal 2002 to 9.2 percent in fiscal 2003.

Our air logistics centers and their contract partners did not exceed planned expense rates in 2003, resulting in no final bill to the corporate Air Force for the first time in half a decade.

Maintainers at Robins Air Force Base, Ga., shaved four months off individual C-5 Galaxy programmed depot maintenance time which allowed them to deliver an unprecedented 23 aircraft back to the war fighter this year; 17 had been the previous high mark. They're doing similar things with the C-130 aircraft, and cut 30 days off PDM time for four Air Force Special Operations Command air-

Maintenance professionals at Tinker Air Force Base, Okla., did their part in finding new efficiencies. Because of that, they have more net serviceable fighter aircraft engines on hand than required to meet the Air Force's warfighting needs, a first since the Gulf War.

And the list goes on. Two F-16 aircraft, deliberately approaching each other head on during a test at Edwards Air Force Base, Calif., went into automated maneuvers to avoid collision via the Automatic Air Collision Avoidance System. The ACAS will help alleviate midair collisions and save lives and tax dollars.

Experts at Eglin Air Force Base,

"Maintainers at Robins Air Force Base, Ga., shaved four months off individual C-5 Galaxy programmed depot maintenance time which allowed them to deliver an unprecedented 23 aircraft back to the war fighter this year; 17 had been the previous high mark. They're doing similar things with the C-130 aircraft, and cut 30 days off PDM time for four Air Force Special Operations Command aircraft."

Fla., developed a Miniature Air-Launched Decoy that will entice enemy forces to prematurely disclose their air defense locations, keeping pilots further out of harm's way.

And as F-16s flying missions in Operation Iraqi Freedom were having problems delivering their munitions, experts at Hill Air Force Base, Utah, Edwards and China Lake, Calif., worked together and found a fix an amazing 30 hours later. That's the kind of war fighter support our Air Force wants, needs and continues to get.

But 2004 is now waiting in the wings with a new set of chal-

First among those is ensuring the programmed executive officer restructuring is successful. I think it has the potential for creating the most positive and important

improvement in our acquisition capability since we established AFMC more than a decade ago.

Next, we have to make sure that, in the process of executing that restructure, we remain focused on developing Air Force capabilities. We've taken great strides in this area, but the programs and systems we develop should always be oriented toward the contributions they make toward enhanced capabilities. We'll be taking a good look at how we are structured to make sure we're as efficient in this area as we can and should be.

Thirdly, throughout this entire process, we have world-class science and technologies that will play into each of those systems. We have to make sure they are totally connected in every aspect of our weapon system development from concept to ultimate

demilitarization.

To do that, we have to make sure that our people are continuing to develop and improve our expeditionary force structure.

So, while we are restructuring to connect AFMC and our acquisition community better than ever before, and make sure they're focused on the capabilities in integrating technology, we're also putting them out in the field as part of our expeditionary deployments, which is very exciting for the people because they're connected with what the war fighters are doing operationally.

And the next logical step would be to make sure we're doing everything we can to develop our people for the responsibilities we want them to assume as time goes

We must understand the expeditionary nature, the S&T priorities and capabilities and ultimately manage the program development so all those aspect and characteristics are considered.

This is exciting, and I'm thrilled to be a part of it. I've always been amazed at what our AFMC team can accomplish as evidenced in the successes from 2003.

Challenges lie ahead in this new year, but we stand ready to overcome them all through teamwork and dedication.

I'm proud to be your commander and am looking forward to the great things you're going to do in

God bless you all, and God bless America.

USO volunteers make airport experience special

By Chief Master Sgt. Robert A. Stewart 5th Combat Communications

Support Squadron

Recently, I went to the Hartsfield-Jackson Atlanta International Airport to pickup my daughter. I was in uniform and was approached by

several people who thanked me for being in the military. It was special, needless to say.

However, I was never so proud to wear my uniform, especially in a public forum, as I was that day! As I stood waiting for my daughter, there were three volunteers from the USO with a TV

camera crew, waiting for military members returning from Iraq. As each military member, wearing DCUs, came off the escalator, the USO volunteers would start whooping and cheering, welcoming the GIs home.

Each was met with a hug, a kiss and given a Beanie

Baby wearing cammies.

One family from Alabama was waiting for their GI. He had been deployed from the Alabama National Guard since March. Family after family rushed forward to greet their GI, to the approving applause of those in the airport.

The USO volunteers then whipped the people waiting for non-military family members into a crowd roaring its approval for our men and women in uniform.

As each soldier walked away, the call went out "soldier coming through!" And the folks in the airport

applauded their approval and thanks.

It was a tremendous and profoundly emotional experience, and I was never so proud of the amazing young men and women we have serving our county as I was that day. I am so glad I was there to witness it.

Action Line is an open door program for Robins Air Force Base personnel to ask questions, make suggestions or give kudos to make Robins a better place to work and live.

Please remember that the most efficient and effective way to resolve a problem or complaint is to directly contact the organization responsible. This gives the organization a chance to help you, as well as a chance to improve their processes.

To contact the Action Line, call 926-2886 day or night, or for quickest response e-mail to one of the



Warner Robins Air Logistics Center

Col. Tom Smoot Commander, 78th Air Base Wing

following addresses: If sending from a military email system select, Robins Commanders Action



Line from the Global Address List. If sending from a commercial e-mail account (AOL, AT+T, CompuServe, Earthlink, etc.), use action.line@robins.af.mil. Readers can also access Action Line by visiting the Robins AFB homepage at https://wwwmil.robins.af.mil/actionline. htm. Please include your name and a way of reaching you so we can provide a direct response. Action Line items of general interest to the Robins community will be

printed in the Rev-Up. Anonymous Action Lines will not be processed.

Security Forces......327-3445 Services Division......926-5491 EEO Office.....926-2131 Employee Relations...926-5802 Military Pay......926-3777 IDEA.. Base hospital.....327-7850 Civil engineering......926-5657 Public Affairs..... Safety Office......926-6271 Fraud, Waste and Abuse hotline......926-2393 Housing Office.....926-3776

No hot water in restrooms in Building 301 Bay C

I called in December to check on the status of a work order to get the hot water working again in the bathrooms. I was told that the work order was closed because they already had a work order for the repair of the hot water which was to be done by a contractor. With all the sickness that is going around, it would be nice to have some hot water in the restrooms for washing our hands. We have not had any hot water for at least four to five months.

Col. Smoot replies: We regret that the domestic hot water in Bay C restrooms of Building 301 has not been working properly. The 78th CES responded (Work Order #D8372) and discovered that the heat exchanger that generates hot water has internal steam coils that are beyond repair. As such, they have had to order an entire new unit.

Unfortunately, it must be custom made and has an estimated delivery date of Thursday. Initially the entire job was going to be completed by contract, but after further review it was determined that the new unit could be installed more quickly by CE craftsmen. As soon as the unit comes in it will take approximately two days to complete the job. Once again we are sorry for the inconvenience.

CE always strives to respond to service calls in a timely manner, and we ask that facility managers communicate requests or status inquiries to the 78th CES Customer Service Flight at 926-5657.

Watson and Highway 247 intersection dangerous

The potential exists for a serious accident with vehicles traveling northbound on Ga. Highway 247 and vehicles traveling west on Watson Boulevard both entering the base through Gate 2 in the mornings. Can something be done to make this a safer situation?

Col. Smoot replies: The Highway 247 and Watson intersection has been a high interest item for a while. The biggest safety hazard at this intersection is due to motorists disregarding the traffic signal and not ensuring the intersection is clear prior to crossing it regardless of the signal.

Georgia Code 40-6-205 (Obstructing Intersection) "prohibits drivers from entering an intersection unless there is sufficient space on the other side of the intersection to accommodate the vehicle he is operating without obstructing the passage of other vehicles or pedestrians, notwithstanding any traffic-control signal indication to proceed."

Security forces planned to block the northbound lane of 247 leading into Gate 2, but after further review with the Department of Transportation and Houston County Sheriff's Department, it was determined that without a constant police presence at the intersection, the cones would create a greater hazard due to drivers attempting to go around the cones thus blocking the through lane.

Since the Sheriff's Department cannot afford the overtime pay to post deputies at the intersection and Security Forces does not have legal jurisdiction outside the installation gates, this plan was not implemented.

The red light was adjusted allowing more traffic to enter from Watson during the morning rush period. All leaders and supervisors should remind and encourage their emplyees to be considerate of others on the road and to use the following designated traffic plan: All northbound traffic on Highway 247 must use the Russell Parkway or MLK gates, traffic southbound on 247 must use the Green Street gate; Watson Boulevard traffic must use the Watson street gate and Russell Parkway will use either the Russell or MLK Gate.

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Close Up

Sheet metal shop workers help the war fighter, aircraft etting the kinks to do their mission

out



Mr. Dee Kinard, left, and Mr. Dwayne Bembry load a C-130 engine air scoop that has been repaired.

By Ms. Lanorris Askew lanorris.askew@robins.af.mil

years ago, Mr. William "Bill" Shirah picked up a skill that today, is helping "shape" the United States Air Force.

A master sheet metal worker, who over the years, has bent and shaped the metal that wraps around countless Air Force aircraft.

Today he shares his years of experience with the 53 other members of the sheet metal shop, one of the many back shops that make up the Maintenance Directorate's commodities and industrial products division.

The "Manufacturing Man" as he is fondly called by his fellow crew members, can fashion just about anything out of sheet metal.

"Mr. Shirah is a very skillful employee and a great asset to our shop," said Mr. Lucion Foreman shop supervisor.

"I am glad to have his kind of expertise."

Although all of the workers in the sheet metal shop share the title sheet metal mechanic, each has his own special touch that he or she puts into the work.

"I feel that I contribute to the mission of the Air Force by sharing the knowledge and experience that I have in aircraft sheet metal," said Mr. Shirah. "Whenever someone new comes into the shop, if they are interested in learning from my expertise, I gladly share it."

An Air Force veteran himself, the 66 year-old mechanic knows how important it is to make sure his work can speak for

him. "Overhauling C-5 aprons is my main job right now, but I guess I can just about do it all," he said.

The C-5 apron, which holds inspection panels and more importantly, holds the aircraft's engine, is one of his specialties.

The "Manufacturing Man" may know sheet metal inside and out, but it takes the entire team to make weathered pylons, corroded crew doors and dented cargo ramps and flaps as good as new.

"When we work on a part, we feel that when we send it out of here, we're helping (the war fighter) and the aircraft to do their mission," Mr. Foreman said. "Whether it's defending the country by moving troops and cargo or other-



Ms. Patricia Pickett rivets exterior peripheral seals around an F-15 fuel tank.

wise, our mini-mission is to support the Air Force mission."

But that "mini-mission" has an impact on every type of aircraft Robins services-and even some it doesn't service anymore.

According to Mr. Foreman even though the last C-141 left Robins months ago, the sheet metal shop still performs sheet metal repairs on its cargo ramps and flaps.

"We were kind of surprised that we're still doing the work on the C-141s, but as long as they keep the work coming we will keep doing it," said the reservist.

Most of the items worked by the sheet metal crew are returned to supply to be used when needed as spares, but that does-



Foreman

n't make their work any less important.

Mr. Foreman said basic sheet metal skills are the main requirement for the job, but reading blue prints and technical orders and operating a drill press are also needed skills.

"When an item comes in it may be corroded. cracked or who knows what else," he said. "They tell us what they need, and we try to get it out in an ample amount of time. It comes in handy to be able to read the blueprints and TOs."

Mr. Ron Lusignan has toiled for three and four weeks at a time making sure his items are ready for work when he's done.

"I replace all the seals and repair any cracked or broken parts on the C-5 apron," he said. "It makes me feel like I am helping support the Air Force."

Mr. Foreman said he



gets a feeling of pride when a job is complete, and he knows the work is

now in the hands of those who protect America. "It feels good when you stock sheet metal for upcoming repairs. What to know

Above, Mr. William 'Bill' Shirah, a 50-year sheet metal vet-

eran, works on a C-5 apron. Left, Mr. George Wells pulls

Fifty-four sheet metal mechanics call Building 255 home. They work sheet metal miracles on parts for the C-5, F-15, C-130, and C-141.

repair an item and then look at the news and see an aircraft that you have

worked on move some cargo or troops into Iraq," he said.



U.S. Air Force photos by Ms. Sue Sapp

CROSSWORD PUZZLE

45 46 59

Hometown USAF (Vol. 1)

By 1st Lt. Tony Wickman Alaskan Command Public Affairs

ACROSS

- 1. Texas AFB home to 37th TW; aircraft tail marking of LD
- 8. Hit
- 11. Church altar 12. Bar drink
- 13. German for no
- 14. Road tax? 16. Elevated part of the
- Earth (abbrev.)
- 18. Postal abbrev. for state home to 436th AW
- 19. Automotive maker
- 22. Former 70-80s band
- (abbrev.)
- 25. Dampens 26. South Dakota AFB
- home to 28th BW; a/c tail marking of EL 30. Lemon drink
- 31. Japan AB home to 374th AW; a/c tail marking of YJ
- 32. Head cover
- 33. Immerses
- 35. Cat call
- 36. Late night host 37. Zodiac sign
- 38. Meaning three
- 41. Conductor 42. Pod vegetable
- 44. California AFB home to
- 412th TW; a/c tail marking of ED
- 47. Age
- 49. Actress Laura of Jurassic Park
- 52. Babylonian measure of
- 53. California AFB; home
- to 60th AMW 57. Snack food
- 58. Lord of the Rings char-
- 59. Impress letter/design
- on a book cover 60. Nebraska AFB home to
- 55 WG; a/c tail marking of
- 61. Texas AFB home to 7th

BW; a/c tail marking of DY **DOWN**

- 1. Virginia AFB home to 1FW; a/c tail marking of FF
- 2. Mock
- 3. CBS show

- 4. Barbie's mate
- Model Carol 6. Fmr. Kansas senator
- 7. Japan AB home to 35th FW; a/c tail marking of WW
- 8. Germany AB home to 86th AW; a/c tail marking
- of RS 9. Oklahoma AFB home to
- 97th AMW
- 10. Actor Sean 15. Smell
- 17. Former Speaker of the House Gingrich
- 20. RAF marshal in North Africa (1941-43)
- 21. Largest member of deer family
- 23. Military appreciation paperwork (abbrev.) 24. South Carolina AFB
- home to 20th FW; a/c tail marking of SW
- 27. Ancient history 28. Roman sun god
- 29. Article
- 34. North Carolina AFB home to 23rd FG; a/c tail
- marking of FT
- 35. Little lady 37. Virginia Army fort
- 38. Road material 39. Color in light spectrum between orange and
- infrared 40. Male offspring
- 41. Homo sapien
- 43. Tennessee AFB home
- to AEDC
- 45. NBA coach _ Harris 46. Who's Afraid of Virginia
- 48. Street equivalent
- (abbrev.)
- 49. Spots 50. Greek god of love
- 51. Truck manufacturer
- 52. Former name for Tokyo 54. Fink
- 55. State home to 181st FW; aircraft tail marking
- TH (abbrev.)
- 56. Pig's pen

For puzzle solution, see Jan. 16 edition of the Rev-Up

Puzzle solution for Dec. 19



LEAVE/TRANSFER

The following people have been approved as participants in the leave transfer program.

Mr. Don Kirby, WR-ALC/MABQF. The point of contact is Ms. Paula T. Patrick at 926-5551.

Ms. Mary Sue Trussell, 78th MSG/DPCEB. The point

of contact is Ms. Vickie Lacey at 926-0677.

Ms. Melanie McDonald, WR-ALC/CCX-A. The point of contact is Ms. Linda Shaw at 926-3826.

Employee-relations specialists at 926-5307 or 926-5802 have information and instructions concerning requests to

receive or donate annual leave. To have an approved leave recipient printed in the Rev-Up, directorates should send information to Angela Trunzo by e-mail at angela.trunzo@ robins.af.mil. Submissions run for two weeks.

FAMILY SUPPORT CENTER

Family Support Center sponsored classes, workshops, and seminars are open to all Team Robins personnel and their eligible family members. The FSC is located on Ninth Street in Building 794. For additional information, or to make a reservation, call 926-1256.

TAP workshop

The next three-day Department of Labor sponsored Transition Assistance Program Workshop is Monday through Wedensday, 8:30 a.m. - 4:30 p.m. each day, Smith Community Center Ballroom. Personnel leaving the military within the next six months need to sign up as soon as possible. Spouses are encouraged to attend.

Reservations are taken on firstcome, first-serve basis within the appropriate separation or retirement dates.

Return and reunion survival tips

The FSC offers support with howto's and survival tips to negotiate the challenges and stages of reuniting with loved ones Tuesday, 9 - 10 a.m., Building 945, FSC Annex.

Smooth move

questions.

The next Smooth Move workshop is Wednesday, 8:30 a.m. - noon., in Building 905, Room 159.

This program is designed for Air Force members on the move. It discusses how to get from here to there with the least amount of hassle, frustration, and stress. Representatives from Military Personnel Flight, Transportation Movement Office, Accounting and Finance, the Housing Office, Legal Office, TRICARE, Family Advocacy, Air Force Aid Society will be on hand to provide pertinent moving information and answer

Applied suicide skills training

A workshop on Applied Suicide Skills Training will be Wednesday and Thursday, 8:30 a.m. - 4:30 p.m., Base Chapel annex.

This training is for anyone interested in preventing a suicide. You don't have to be a commander, first sergeant, supervisor, etc. (although these people are welcome). You just have to be mature and have a "willing" attitude.

Resume and cover letter workshop

Reservations are being accepted for a Resume and Cover Letter Workshop Wednesday, 9 - 11 a.m., Building 945, FSC annex.

This class is designed to help the beginner get started and provide the more advanced participant the opportunity to improve their resume.

Pre-TAP briefing

A Pre-TAP briefing will be Jan. 20, 1 - 3 p.m., Building 905, Room 141. The Transition Assistance program is offering a briefing for personnel and their spouses who are within 1-3 years of separation/retirement. This session is designed to help individuals get a head start on long range retirement/separation planning, benefits and other information.

Sponsorship training

The Center's Relocation Assistance Program will offer training for both beginner and experienced sponsors Jan. 20, 2 - 3:30 p.m., Building 945, FSC Annex.

The training provides information on what types of information to send to the PCSing member and where to obtain it; different ways to communicate with the inbound member; and finally sponsors are given vital information regarding his/her responsibilities to the newly assigned member and their family, if applicable.

Deployed spouses money matters

The FSC's Family Readiness Program is offering a class, "Money Matters for Deployed Spouses," Jan. 21, 9 - 10 a.m., Building 794, FSC.

Topics to be discussed include, cashflow control; money management; budgeting; pay entitlements; and how to stay in control of family finances.

Community tour

The FSC is sponsoring a Community Tour for all Team Robins members and their eligible family members, Jan. 21, 8:30 a.m. - 1 p.m. Meet at the FSC.

Salary negotiation class

There will be a Salary Negotiation class Jan. 22, 8:30 - 11 a.m., Building 905, Room 123.

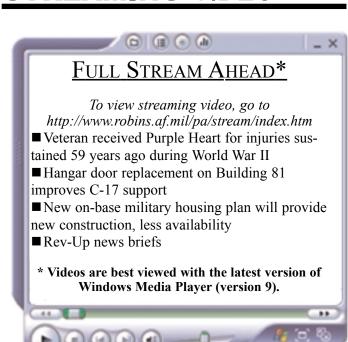
This session is designed to assist you in an overview of how to determine your worth and know if the salary is negotiable, including how to and when not to factor in benefits packages. Tips are provided to assist in overcoming your discomfort and empower applicants in gaining a better salary.

Jr. Smooth move

The Center's Relocation Assistance Program has a workshop for kids of military and DoD civilians on the move. Children ages 6-12 will learn about their new assignment location through the use of games, maps and activities appropriate for their age. The workshop will be held Jan. 22, 4 - 5:30 p.m., in Building 945, FSC Annex.

Space is limited so early registration is required.

STREAMING VIDEO



ROBINS REPORT

News from around the base -Watson and Cox Channel 15

Friday – 8 p.m. **Sunday** – 1:30 p.m. Monday - noon

MOVIE SCHEDULE

Friday

7:30 p.m. – Timeline – Paul Walker and Frances O'Connor

In France, a professor, his son and a team of archaeology students are working on the ruins of 14th century castle. A startling discovery is made: They find an old bifocal lens and a letter from the professor. It turns out that the head of the corporation running the dig opened up a wormhole leading to the 14th century. The professor is now trapped in history, and it's up to his students to find a way to get him back. Rated PG-13 (intense battle sequences and brief language) 116 minutes



Saturday 7:30 p.m. – Tupac: Resurrection – Tupac Shakur

Tupac: Resurrection is the first authorized biopic of the late rapper-actor Tupac Shakur. It includes poetry readings, musical clips, and video from his life, including various interviews, private home movies, and previously unreleased concert footage. Rated R (strong language and images of drugs, violence and sex) 90 minutes

CHAPEL SERVICES

Catholic Masses are celebrated at the chapel each Saturday at 5:30 p.m., Sunday at 9:30 a.m., and on Holy Days of Obligation at noon and 5 p.m. and Monday through Friday at noon. The Sacrament of Reconciliation is on Saturday from 4:30-5:15 p.m.

service includes some traditional and contemporary worship styles in music and in format.

Protestant Inspirational Services take place every Sunday at 8 a.m.

Protestant Contemporary Services take place 11 a.m. each Sunday at the Base Theater. This service is very informal, with a praise team assisting in singing and includes

both traditional and contemporary styles of music and worship.

Jewish service time is each Friday at 6:15 p.m. at the Macon synagogue. **Islamic Friday Prayer** (Jumuah) Fridays at 2 p.m. in the chapel annex Rooms 1 and 2.

The chapel helps with spiritual needs that arise. For further information, call the chapel at 926-2821.

SERVICES BRIEFS

Protestant General Services take

place every Sunday at 11 a.m. This

Aero Club 926-4867

The Aero Club is inviting activeduty and retired military, DoD civilian employees and their families who are interested in earning their private pilot's certification to take advantage of the "Start Flying" promotion with introductory flights for \$49 now through April 30. Be A Pilot is a national educational program to help the public become more familiar with general aviation flying for personal and business use.

For more information, call the Aero Club at 926-4867.

Base Restaurant 926-3031

The base restaurant renovation is underway. During this period the base restaurant will be offering cafeteriatype meals, fried chicken, deli-bar, salad bar, burger bar and breakfast to order.

Enlisted Club 926-4515

There's more in 2004. Tuesdays are chili dog nights with all the toppings free for members, and Fridays are \$1.50 mug night from 9 p.m. to midnight.

Skills Development Center 926-2105

Find a coupon in the January Edge for customer appreciation days from Jan. 11 - 17. Receive 20 to 40 percent off at the engraving shop.

Art demonstrations will be conducted at the Smith Community Center Wednesday, 10 a.m. - 1:30 p.m. Yon Johnson and Allan Carey will be painting and answering questions about skills center classes.

SPORTS BRIEFS

Bowling Center 926-2112

Starting now, work off those extra pounds by bowling three games for \$3 Monday through Friday from 11 a.m. - 1 p.m.

Fitness Center 926-2128

A survival fitness camp will be held today from 11 a.m. - noon. Register at the customer service desk of the fitness center. At the time of registration customers will receive a workout survival kit.

A weight orientation class is scheduled for today from noon - 1 p.m. Experts will demonstrate the proper usage of weights and machines.

Golf Course 926-4103

The 5th Annual Three Club tournament will be held Jan. 17 with a shotgun start at 9 a.m. Cost is \$25 annual green fee members and \$40 guests. The format will include gross and net division winners. Call 926-4103 or sign up in the pro shop.

Information, Tickets and Travel 926-2945

The Macon Trax hockey team is in town and will be playing against Jacksonville today and Lakeland Saturday. Cost is \$6 for upper seats, \$9 for lower seats and \$12 for glass seats. Games are at 7:30 p.m.

NASCAR tickets are on sale at ITT for the Inaugural 200 mile truck race March 13 and the Golden Corral 500 NASCAR Nextel Cup Series race March 14 at the Atlanta Motor Speedway. Cost is \$40 per person for both races.

Youth Center 926-2110

Robins Youth Center Soccer registration begins Jan. 24 - 31. Cost for returning players \$30 and \$55 for new players. Registration is conducted Monday through Friday 3 - 6 p.m. and Saturday 10 a.m. - 6 p.m. For more information call the center.

AF releases new fitness instruction

By Staff Sgt. C. Todd Lopez
Air Force Print News

WASHINGTON – One of the most noticeable changes to the Air Force's new fitness program is that it will be defined by an operational

rather than a medical instruction.

The change shows that senior leaders consider fitness an important part of operational readiness, said Maj. Lisa Schmidt, the Air Force chief of health promotions operations.

"As we support the aerospace expeditionary force and the environments we now deploy to, fitness becomes a readiness issue," Maj. Schmidt said. "If a person is fit, they are going to be able to tolerate austere environments, the fatigue and the temperature changes."

The full text of the Air Force's new fitness instruction is available to the force now, she said. The planned release comes less than five months after the service's highest ranking officer told airmen there would be changes in the way the Air Force looked at physical fitness

"The amount of energy we devote to our fitness programs is not consistent with the growing demand of our warrior culture," wrote Air Force Chief of Staff Gen. John P. Jumper in his July Sight Picture. "It's time to change that"

Besides making physical fitness a readiness requirement, the new instruction also puts an emphasis on commander involvement in unit

fitness programs.

"If you look at the July Sight Picture, Gen. Jumper says fitness is a commander's responsibility," the major said. "This instruction puts more responsibility on the commander, not the medical community."

Among other things, the instruction requires unit and squadron commanders to implement and maintain a unit physical-training program and to offer the program at least three times a week.

The instruction also details methodology for conducting fitness evaluations. Maj. Schmidt said the instructions for conducting the push-up and crunch portions of the evaluation should be no surprise to airmen. They are the same instructions that have been used at the end of the cycle-ergometry test for the last two years.

"The only change is that the push-ups and crunches will be evaluated for one minute, instead of two minutes," she said.

The instruction also specifies how to conduct the aerobic portion of the test. Airmen will run on an outdoor course approved by the wing commander. During inclement weather, an indoor running track may be used. Treadmills will not be authorized for fitness evaluations.

The new fitness instruction took effect Jan. 1, and will make obsolete the current fitness and weightmanagement instructions, Air Force Instruction 40-501 and AFI 40-502.



U.S. Air Force photo by Staff Sgt. Mikal Canfield

MISAWA AIR BASE, Japan – Runners brave temperatures in the low 30s during a 'Polar Bear Run' here Jan. 1. The run launched 'Fit to Fight,' Pacific Air Forces' new conditioning program aimed at getting airmen ready for the upcoming Air Force fitness test.

Museum of Aviation Foundation run Saturday

Need a reason to start a calorie burning program for 2004? Want to meet folks, exercise and have fun? The Museum of Aviation Foundation 8th annual Marathon/Half-Marathon 5K Run/Walk will be Saturday. Race registration is 6:30 - 7:30 a.m. The marathon

and half will start at 8 a.m., and the 5K run and walk will start at 8:15 a.m. Opening ceremonies will begin at 7:30 a.m. with the National Guard's 202nd Color Guard Unit providing the colors and the Barbershop Quartet singing the national anthem. Each entrant will

receive a colorful sweatshirt, and refreshments will be provided. Awards will be given and a professional photograph will be taken of each finisher. For more information, call Mr. John Hunter, race director, at 926-6686.

o. – Staff reports

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HONOR ROLL

Ms. Corine Worthy, WR-ALC/LECR, was selected as the Support Equipment and Vehicle Management Directorate, Category I (GS-03 to GS-09), award winner for the fourth quarter of fiscal 2003.

Mr. Bob Stock, WR-ALC/LEAAA, was selected as the Support Equipment and Vehicle Management Directorate, Category II (GS-11 to GS-13 Non Supervisory), award winner for the fourth quarter of fiscal 2003.

Mr. JR Ard, WR-ALC/LECB, was selected as the Support Equipment and Vehicle Management Directorate, Category III (Supervisor), award winner for the fourth quarter of fiscal 2003.

Mr. Anthony Reagan, WR-ALC/LEET, was selected as the Support Equipment and Vehicle Management Directorate, Category V (Contractor), award winner for the fourth quarter of fiscal 2003.

Staff Sgt. Michael Saltzman, WR-ALC/LESG, was selected as the Support Equipment and Vehicle Management Directorate, NCO of the Quarter, for the fourth quarter of fiscal 2003.

Mr. Gregory Swann, sheet metal mechanic in the Composite Repair Section in the Structural Repair Branch, was named the MAN Employee of the Month for November.

Mr. Eddie Rhodes, electroplater supervisor in the Process Section Manufacturing Branch, was named the MAN Supervisor of the Month for November.

Capt. Jeff Lancour, chief, C-17/C-141 Contracting Branch, Strategic Airlift Directorate, received the Supervisor of the Quarter Award for July 1 - Sept. 30. (Photo by Bob Taylor)

Mr. Frank M. Valasky Jr., sheet metal mechanic supervisor in the F-15 Wing Section Repair Branch, was named the MAN Supervisor of the Month for December.

Mr. Daniel P. Buchanan, nondestructive tester in the Process Section Manufacturing Branch, was named the MAN Employee of the Month for December.

The Robins Noncommissioned Officer

Academy held graduation ceremonies for Class 04-1 Dec. 11 at the Museum of Aviation, Century of Flight Hangar.

Tech. Sgt. Christopher R. Alexander, 116th AMXS

Tech. Sgt. Erik S. Apelskog, 653rd Combat Logistics Support Squadron Tech. Sgt. Timothy M. Bernal, 12th Abn Cmd Control Squadron

Tech. Sgt. Charles E. Brown Jr., 51st Combat Communications Squadron Tech. Sgt. Pat Buckroth, 116th MXS Tech. Sgt. Christopher O. Cargill, 116th MXS

Tech. Sgt. Sean P. Carr, 653rd CLSS Tech. Sgt. Dennis B. Collier, 116th COMM FLT

Tech. Sgt. Reginald J. Evans, 116th

AMXS Tech. Sgt. Chad A. Garrett, 653rd Combat

Logistics Support Squadron
Tech. Sgt. Charles W. Gleason, 78th

Security Forces Squadron Tech. Sgt. Regina K. Ingram Meier, 53rd

Combat Communications Squadron

Tech. Sgt. Darrin J. Landis, 653rd Combat Logistics Support Squadron

Ms. Paula S. Macleod, Air Force Personnel Center Foa - Distinguished graduate Tech. Sgt. Melissa D. Maldonado, Warner

Robins ALC
Tech. Sgt. John M. Marshall, 116th

Logistic Readiness Squadron

Tech. Sgt. James J. Miller, 52nd Combat Communications Squadron

Tech. Sgt. Timothy J. Miller, 19th Air Refueling Group

Tech. Sgt. Mark A. Mitchell, 951st Reserve Support Squadron

Reserve Support Squadron
Tech. Sgt. Joseph B. Montano Jr., 93rd

Logistic Support Squadron
Tech. Sgt. Robyn Owens, 54th CBCS

Tech. Sgt. Robyll Owens, 54th CBCS
Tech. Sgt. Michael J. Renshaw, 653rd
Combat Logistics Support Squadron

Tech. Sgt. Stacey M. Rice, 19th MXS Tech. Sgt. Paul L. Roby, 653rd Combat Logistics Support Squadron

Tech. Sgt. James E. Rumer, 367th Req/AFRS/RSM

Tech. Sgt. Darrell Sherrod, 116th LRS/LGRC

Tech. Sgt. Donald W. Spanberger, 653rd Combat Logistics Support Squadron

Tech. Sgt. Troy A. Taylor, 54th Combat Communications Squadron – Distinguished graduate



Courtesy photo

The Propulsion Support Equipment Advisory Group was selected as the Support Equipment and Vehicle Management Directorate, Category IV (Team), award winner for the fourth quarter of fiscal 2003. From left to right are: Mr. Gary Watts (WR-ALC/LEEE), Ms. Paula Fleming (WR-ALC/LESBA), and Mr. Eric Jones (WR-ALC/LESBP).













Rhodes

Lancour

Valasky



sky Buchanan

Tech. Sgt. Kenneth E. Walker, 116 AMXS/LGAAGA Tech. Sgt. Michael J. Weidman, 653rd

Combat Logistics Support Squadron Tech. Sgt. Marcus Wiseman, WR-ALC/MAIEC

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6B Friday, January 9, 2004 Rev-Up

Staying on the fitness track

■ FitLinxx keeps Robins on task at Fitness Center

By Ms. Holly J. Logan holly.logan@robins.af.mil

A computerized program built into the Fitness Center's exercise

machines is helping Robins stay on track with fitness goals.

goals.
Since March 2002,
FitLinxx, a computerized tracking system that provides personalized exercise programs and continuous feedback, has helped several people maintain effective exercise programs and stay fit, said Ms. Jackline Baker, recreation assistant for the

Fitness Center here.

"Everyone can benefit from it," she said. "It helps us track everyone's progress, especially those who are on weight/body fat management programs. It gives them a way to show their commanders what they're doing to improve their fitness level."

Active duty military members and others eligible to use the facilities must make an appointment with Ms. Baker or another staff member to gather information used to design personalized exercise programs.

"When people come in, we help them set goals and have them fill out questionnaires to assess their medical history and overall health," Ms. Baker said. "If they have two or more major medical problems, they must have a physician's clearance."

Pregnant women should make sure they include related information, as physician clearance is advised before starting an exercise program, Baker said.

Once individuals are cleared and have established a five-digit identification number to access their personal FitLinxx program, they're ready to start.

The system keeps track of the number of repetitions performed during a workout, memorizes the speed at which the exercise is per-



U.S. Air Force photo by Ms. Sue Sapp

Ms. Cori Dawkins gets help from Fitness Specialist Mr. Grady Martin charting a fitness program at the Fit Linxx kiosk. For more information on FitLinxx, visit www.fitlinxx.com.

FitLinxx

Robins was one of the first two Air Force bases worldwide to use it. The other was Tinker Air Force Base, Okla., which got its first system in September 2000 and added a second one in December. The system is now being used by the following military organizations:

U.S. Air Force

- Pacific Air Forces, MAJCOM-Wide
- ■U.S. Air Force Europe, MAJCOM-Wide
- ■AFMC Tinker Air Force Base (4 systems), Robins Air Force Base
- ■ACC Dyess Air Force Base
- AMC McChord Air Force Base (2 systems)

U.S. Army

- ■Fort Carson (5 systems)
- Fort Sill

U.S. Navy

- Oceana Naval Air Station
- Dam Neck Fleet Combat Training Center
- China Lake Naval Air Weapons Station (2 systems)
- Ventura Naval Station
- Department of Defense
- Pentagon Athletic Center
- U.S. government
- ■National Ground Intelligence Center

formed and even informs the user whether or not weight machine seats are in the right position.

Forty-seven-year-old retired Army Sgt. 1st Class Vance Cooper, who has used FitLinxx to improve his strength training during the past year, recommends people use the program.

"It's more convenient than having to keep up with all the sets and repetitions myself," he said. "I mainly use it to gain more power and control in my racket ball game. It's helping me a lot."

With more people making fitness a routine, Ms. Baker said she expects the center will gain more FitLinxx equipment, as funding becomes available, to accommodate the increase in number of people.

ROBINS BULLETIN BOARD

Museum art exhibit opening

The Museum of Aviation will feature Georgia artist Marc Stewart in the final art exhibit celebrating the anniversary of the Centennial of Flight. The exhibit, entitled A Celebration of Heroes, will open Wednesday after a short ceremony at 6 p.m. in the Eagle Building art gallery. Over 30 pieces will be featured, all carrying a general aviation theme. The exhibit will be on display through March 12.

Officers' Spouses Club luncheon

The Officers' Spouses Club luncheon will be Jan. 15 at the Officers' Club. There will be a social at 10:15 a.m. followed by lunch at 11. A Longaberger representative will do a basket demonstration which will be used as door prizes for OSC members only. For reservations, call Nadine Moon at 929-5015.

Dr. Martin Luther King commemoration service

There will be a Dr. Martin Luther King commemoration service Jan. 16 at the base chapel, Building 769, at 11 a.m.

The guest speaker will be Rev. Dr. Jesse Truvillion, who delivered the memorial sermon for Dr. King at New York City's Riverside Church, Easter Sunday, April 7, 1968. He currently pastors the Pilgrim Presbyterian Church in San Antonio, Texas, where he lives with his wife, retired Lt. Col. Jean Truvillion. Dr. Truvillion's topic will be "Dr. King Lives".

For more information, contact Mr. Dennis Hutson at 926-2821.

AFA recruiting kickoff meeting

The Air Force Association will be hosting its Recruiting kickoff meeting at 11 a.m. Jan. 23 at the Robins Conference Center. For more information, contact 2nd Lt. Christine Ladrido at 926-3015.

Officer's Hail and Farewell

There will be a standup Officer's Hail and Farewell, conducted by Maj. Gen. Donald J. Wetekam, Warner Robins Air Logistics Center commander, Jan. 23 at 4 p.m. at the Officers' Club ballroom. Spouses are invited to attend the event and fellowship.

For additional information, contact Ms. Amy Daniel, WRALC/ENR, at 926-6451 or amy.daniel@robins.af.mil.

AFAS education grants

Spouses and dependent children of active duty and refired military members who are working toward undergraduate degrees have an opportunity to earn \$1,500 grants from the Air Force Aid Society. Eligible recipients may apply for the grants for the 2004-2005 school year now until March 12. The grants are for full-time undergraduates in colleges, universities or vocational or trade schools whose accreditation is approved by the U.S. Department of Education for participation in federal aid programs. A limited number of forms are available at the Family Support Center and also is available on the Air Force Aid Society's Web page at www.afas.org. Follow the education link to the form.

OSI briefings

OSI will no longer provide country level 1, 2 or country specific briefings on Thursdays at 10 a.m. For further information or to schedule an appointment, contact your unit ATO representative.

Dental Assistant volunteers needed

The 78th Dental Squadron is currently seeking trained Red Cross Dental Assistant volunteers to join our dental team. Individuals interested in updating their technical skills or just looking to volunteer need to contact Master Sgt. Randy Wehrung at 327-8084.

Boy Scout Troop 220

Boy Scout Troop 220 meets every Tuesday night from 7 to 8:30 at 1082 Hawkinsville St. For more information, call Ms. Mary Pangborn at 929-5742 or Mr. Dennis Collier at 953-8124.

Girl Scouts leaders needed

Girl Scouts of Robins is in need of leaders and co-leaders. The troops meet on base. All interested persons should contact Alyson Dreer at 329-8099.

Robins Thrift Shop

The Robins Thrift Shop is taking donations on consignment. Everything from baby items to weight equipment can be sold. The shop is located on Page Road, Building 288, just inside gate 5. Store hours are 10 a.m. to 1 p.m. Wednesdays and Fridays, and the shop will be open Saturdays.

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AF logo authorized on jacket

By Staff Sgt. Melanie Streeter

Air Force Print News

WASHINGTON – Air Force Uniform Board members have introduced a new addition to the lightweight blue jacket.

"The Air Force chief of staff approved adding the Air Force logo to the existing lightweight blue jacket," said Senior Master Sgt. Jacqueline Dean of the Air Force Uniform Board.

All told, 300 jackets will be distributed Air Forcewide for wear testing, Sergeant Dean said. Board members are targeting Maxwell Air Force Base, Ala., as a distribution point because of its high number of temporary duty officers and enlisted airmen.

"Because the TDY members come from so many bases throughout the Air Force, giving them out at Maxwell allows us to reach a large audience in a short amount of time," Sergeant Dean said.

Airmen receiving the jackets will wear test them and give feedback to the uniform board about fraying or other problems with the embroidery, Sergeant Dean said.

Anyone not issued an embroidered jacket can have the logo applied on their jacket by a local embroidery shop using certain guidelines, Sergeant Dean said.

The Air Force logo is to be embroidered in a polyester white meridian thread with a stiff tear-off backing, according to information provided by Libby Glade, Air Force clothing office chief. The total stitch count of the logo and lettering will be between 4,200 and 5,000 stitches.



U.S. Air Force photo by Master Sgt. Jim Varhegyi WASHINGTON — Air Force Uniform Board members have introduced embroidering the Air Force logo onto the light-weight blue jacket as an optional wear item. The new addition will undergo a wear-testing period at Maxwell Air Force Base, Ala. Airmen can have the addition added to their jackets at any time by visiting an embroidery shop.

The symbol is to fit within a two-inch square. There is a one-fourth inch space between the symbol's lowest point and the "U.S. AIR FORCE" type.

The "U.S. AIR FORCE" type is to be one-fourth of an inch high, 3.5 inches long, in all capital Arial font, 24 point.

The symbol is to be embroidered on the upper

left chest. The dot in the center of the symbol is centered vertically between the shoulder seam and where the underarm side seam joins the armhole sleeve, and centered horizontally between the zipper and the sleeve armhole seam.

Rank on the jacket continues to be worn on either the collar or the sleeve, Sergeant Dean said. morgan 59123601

Fourth-grader kicks it at the 'dome'



Wimmer

By Ms. Sue Sapp sue.sapp@robins.af.mil

Zachary Wimmer, a 9-year-old fourth grade student at Robins Elementary School, won the Atlanta Falcons Punt, Pass and Kick competition in his age group at the Georgia Dome Nov. 2 during the Falcon's home game against

the Philadelphia Eagles.

Zachary, competing in the boy's

age 8-9 division, won with a combined total of 214 feet, 11 inches for his punt, pass and kick.

Each NFL team holds a PPK competition for children in its area. They then take the top four qualifiers in each age group to the national competition.

Although Zachary did not qualify for the national competition, he finished at a respectable 7th out of

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